



| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY | |
|------|-------------------------|----------------------|-----------------|----------------------------------|--------------------------------|----------------------------|-------------------------|------|
| 6am | Non-Stop Hits | Non-Stop Hits | Non-Stop Hits | Non-Stop Hits | Non-Stop Hits | Non-Stop Hits | Non-Stop Hits | 6am |
| 7am | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast | Starting Saturday | Slip Into Sunday | 7am |
| 8am | Show | Show | Show | Show | Show | | | 8am |
| 9am | Morning Mix | Morning Mix | Morning Mix | Morning Mix | Morning Mix | | | 9am |
| 10am | Mix | Mix | Mix | Mix | Mix | Something For The Weekend | The Sunday Spin | 10am |
| 11am | | Vinyl Countdown | Vinyl Countdown | Vinyl Countdown | Vinyl Countdown | | | 11am |
| 12pm | The Music Machine | Golden Oldies | Golden Oldies | Supersonic 70s & Kick Up The 80s | Northern Soul & The Grooveline | Non-Stop Hits | The Sunday Roast | 12pm |
| 1pm | Afternoon Hits | Afternoon Hits | Afternoon Hits | Afternoon Hits | Afternoon Hits | Saturday Hits | Nothing But Number Ones | 1pm |
| 2pm | Drive Time | Drive Time | Drive Time | Drive Time | Drive Time | Rhys On Saturday | The Retro Chart Show | 2pm |
| 3pm | Nothing But Number Ones | Twang-Tastic Country | The Red Thread | Non-Stop Hip Hop | Absolute 80s & The Mash Up | Altitude | Non-Stop Hits | 3pm |
| 4pm | Non-Stop Hits | Non-Stop Hits | Non-Stop Hits | Music Mania | Nothing But Number Ones | Sounds For The Underground | Stafford's World | 4pm |
| 5pm | Love Zone | Love Zone | Love Zone | Love Zone | Friday Anthems | | | 5pm |
| 6pm | | | | | | | | 6pm |
| 7pm | | | | | | | | 7pm |
| 8pm | | | | | | | | 8pm |
| 9pm | | | | | | | | 9pm |
| 10pm | | | | | | | | 10pm |
| 11pm | | | | | | | | 11pm |

All details correct as of July 2020.

Further details about Apple FM can be found at applefm.co.uk